# **BENEFIT SUMMARY**

Cigna Health and Life Insurance Co. For - Five9, Inc. Open Access Plus OAP Effective - 01/01/2025



Selection of a Primary Care Provider - your plan may require or allow the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. If your plan requires designation of a primary care provider, Cigna may designate one for you until you make this designation. For information on how to select a primary care provider, and for a list of the participating primary care providers, visit www.mycigna.com or contact customer service at the phone number listed on the back of your ID card. For children, you may designate a pediatrician as the primary care provider.

**Direct Access to Obstetricians and Gynecologists** - You do not need prior authorization from the plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, visit www.mycigna.com or contact customer service at the phone number listed on the back of your ID card.

Behavioral Health for NM residents - No Charge for in-network state mandated mental health, behavioral or substance use disorder diagnoses.

A notice for Missouri residents required by RSMo 376.1199.6: This plan has purchased an optional rider to cover elective abortions. The enrollee has the right to exclude, and not pay for, coverage for elective abortions if such coverage is contrary to the enrollee's moral, ethical or religious beliefs.

A notice for Oklahoma residents per 63 Okl. St. § 1-741.3: This plan has purchased an optional rider to cover elective abortions. The enrollee has the right to exclude from their plan, and not pay for, coverage for elective abortions.

A notice for Texas residents per Tex. Ins. Code §1218.001 et.al.: This plan has purchased an optional rider to cover elective abortions. The enrollee has the right to exclude from their plan, and not pay for, coverage for elective abortions.

Plan Highlights	In-Network	Out-of-Network
Lifetime Maximum	Unlimited	Unlimited
Plan Year Accumulation	Your Plan's Deductibles, Out-of-Pockets and benefit level limits accumulate on a calendar year basis unless otherwise stated. In addition, all plan maximums and service-specific maximums (dollar and occurrence) cross-accumulate between In- and Out-of-Network unless otherwise noted.	
Plan Coinsurance	Plan pays 90%	Plan pays 70%
Maximum Reimbursable Charge	Not Applicable	200%
Plan Deductible	Individual: \$250 Family: \$750	Individual: \$250 Family: \$750

• The amount you pay for all covered expenses counts toward both your in-network and out-of-network deductibles.

• Benefit copays/deductibles always apply before plan deductible and coinsurance.

• Family members meet only their individual deductible and then their claims will be covered under the plan coinsurance; if the family deductible has been met prior to their individual deductible being met, their claims will be paid at the plan coinsurance.

Note: Services where plan deductible applies are noted with a caret (^).

Plan Highlights	In-Network	Out-of-Network		
Plan Out-of-Pocket Maximum	Individual: \$2,500 Family: \$5,000	Individual: \$6,500 Family: \$13,000		
<ul> <li>Family: \$5,000 Family: \$13,000</li> <li>The amount you pay for all covered expenses counts towards both your in-network and out-of-network out-of-pocket maximums.</li> <li>Plan deductible contributes towards your out-of-pocket maximum.</li> <li>All benefit copays/deductibles contribute towards your out-of-pocket maximum.</li> <li>Covered expenses that count towards your out-of-pocket maximum include customer paid coinsurance and charges for Mental Health and Substance Use Disorder. Out-of-network non-compliance penalties or charges in excess of Maximum Reimbursable Charge do not contribute towards the out-of-pocket maximum.</li> <li>After each eligible family member meets his or her individual out-of-pocket maximum, the plan will pay 100% of their covered expenses. Or, after the family out-of-pocket maximum has been met, the plan will pay 100% of each eligible family member's covered expenses.</li> <li>This plan includes a combined Medical/Pharmacy out-of-pocket maximum.</li> </ul>				
Benefit	In-Network	Out-of-Network		
Note: Services where plan deductible applies are noted with a caret (^)	. Benefit copays/deductibles always apply	before plan deductible.		
Physician Services - Office Visits				
Primary Care Physician (PCP) Services/Office Visit	\$20 copay, and plan pays 100%	Plan pays 70% ^		
Specialty Care Physician Services/Office Visit	\$20 copay, and plan pays 100%	Plan pays 70% <sup>^</sup>		
<b>NOTE:</b> Obstetrician and Gynecologist (OB/GYN) visits are subject to either t as PCP or as Specialist).	the PCP or Specialist cost share depending o	n how the provider contracts with Cigna (i.e.		
Surgery Performed in Physician's Office	Covered same as Physician Services - Office Visit	Covered same as Physician Services - Office Visit		
Allergy Treatment/Injections and Allergy Serum       Covered same as Physician Services -       Covered same as Physician Services -         Allergy serum dispensed by the physician in the office       Covered same as Physician Services -       Covered same as Physician Services -         Note: Office copay does not apply if only the allergy serum is provided.       Office Visit       Covered same as Physician Services -				
Virtual Care	I			
Dedicated Virtual Providers - MDLIVE				
MDLIVE Urgent Virtual Care Services	\$20 copay, and plan pays 100%	Not Covered		
<ul> <li>Dedicated Virtual Providers may deliver services that are payable under other benefits (e.g., Preventive Care, Primary Care Physician, Behavioral; Dermatology/Specialty Care Physician).</li> <li>Lab services supporting a virtual visit must be obtained through dedicated labs.</li> <li>Includes charges for the delivery of medical and health-related services and consultations by dedicated virtual providers as medically appropriate through audio, video, and secure internet-based technologies.</li> </ul>				
Virtual Physician Services - Office Visits				
Primary Care Physician (PCP) Services/Office Visit	\$20 copay, and plan pays 100%	Plan pays 70% ^		
Specialty Care Physician Services/Office Visit       \$20 copay, and plan pays 100%       Plan pays 70% ^				
<ul> <li>Physicians may deliver services virtually that are payable under other benefits (e.g., Preventive Care, Outpatient Therapy Services).</li> <li>Includes charges for the delivery of medical and health-related services and consultations as medically appropriate through audio, video, and secure internet-based technologies that are similar to office visit services provided in a face-to-face setting.</li> </ul>				
01/01/2025				
CA				
Open Access Plus - OAP				

Benefit	In-Network	Out-of-Network		
Note: Services where plan deductible applies are noted with a caret (^). Benefit copays/deductibles always apply before plan deductible.				
<b>NOTE:</b> Obstetrician and Gynecologist (OB/GYN) visits are subject to either t as PCP or as Specialist).	the PCP or Specialist cost share depending o	n how the provider contracts with Cigna (i.e.		
Preventive Care				
Preventive Care Birth through age 16	Plan pays 100%	PCP: Plan pays 70% ^ Specialist: Plan pays 70% ^		
Ages 17 and older	Plan pays 100%	PCP: Plan pays 70% ^ Specialist: Plan pays 70% ^		
<ul> <li>Includes coverage of additional services, such as urinalysis, EKG, a billed as part of office visit.</li> <li>Annual Limit: Unlimited</li> </ul>	nd other laboratory tests, supplementing the s			
Immunizations Birth through age 16	Plan pays 100%	PCP: Plan pays 70% ^ Specialist: Plan pays 70% ^		
Ages 17 and older	Plan pays 100%	PCP: Plan pays 70% ^ Specialist: Plan pays 70% ^		
Mammogram, PAP, and PSA Tests       Plan pays 100%       Covered same as other x-ray services, based on Place of the services, based on Place				
<ul> <li>Coverage includes the associated Preventive Outpatient Profession</li> <li>Diagnostic-related services are covered at the same level of benefits</li> </ul>		ace of Service.		
Inpatient				
Inpatient Hospital Facility Services	Plan pays 90% ^	\$500 per admission deductible, and plan pays 70% ^		
Note: Includes all Lab and Radiology services, including Advanced Radiological Imaging.				
Inpatient Hospital Physician's Visit/Consultation	Plan pays 90% ^	Plan pays 70% ^		
Inpatient Professional Services	Plan pays 90% ^	Plan pays 70% ^		
For services performed by Surgeons, Radiologists, Pathologists and Anesthesiologists				
Outpatient				
Outpatient Facility Services	Plan pays 90% ^	Plan pays 70% ^		
Outpatient Professional Services	Plan pays 90% ^	Plan pays 70% ^		
For services performed by Surgeons, Radiologists, Pathologists and Anesthesiologists				

Note: Services where plan deductible applies are noted with a caret (^). Benefit copays/deductibles always apply before plan deductible.         Emergency Services         Emergency Room <ul> <li>Includes Professional, X-ray and/or Lab services performed at the Emergency Room and billed by the facility as part of the ER visit.</li> <li>Per visit copay is waived if admitted.</li> </ul> \$150 copay, and plan pays 90%                Vigent Care Facility <ul> <li>Includes Professional, X-ray and/or Lab services performed at the Urgent Care Facility and billed by the facility as part of the urgent care visit.</li> </ul> \$150 copay, and plan pays 90%                Ambulance Ambulance services used as non-emergency transportation (e.g., transportation from hospital back home) generally are not covered.                Phan pays 90% ^              Plan pays 90% ^                Shiled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities                 Sulled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities                 Physician's Services/Office Visit                 Annoul Limit: 0 days                 Plan pays 90% ^                 Plan pays 90% ^                Plan pays 70% ^                Physician's Services/Office Visit                 Plan pays 90% ^	Benefit	In-Network	Out-of-Network
Emergency Room       Includes Professional, X-ray and/or Lab services performed at the Emergency Room and billed by the facility as part of the ER visit.       \$150 copay, and plan pays 90%       \$150 copay, and plan pays 90%         Vigent Care Facility       Includes Professional, X-ray and/or Lab services performed at the Urgent Care Facility and billed by the facility as part of the urgent care visit.       \$35 copay, and plan pays 100%       Plan pays 70% ^         Ambulance       Plan pays 90% ^       Plan pays 90% ^       Plan pays 90% ^         Ambulance services used as non-emergency transportation (e.g., transportation from hospital back home) generally are not covered.       Inpatient Services at Other Health Care Facilities         Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities       Plan pays 90% ^       Plan pays 70% ^         Annual Limit: 60 days       Plan pays 90% ^       Plan pays 70% ^       Plan pays 70% ^         Addiance Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^       Plan pays 70% ^         Addialogy Services       Plan pays 90% ^       Plan pays 70% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, etc.       Outpatient Facility       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^       Cov	Note: Services where plan deductible applies are noted with a caret (^	). Benefit copays/deductibles always app	bly before plan deductible.
Emergency Room <ul> <li>Includes Professional, X-ray and/or Lab services performed at the Emergency Room and billed by the facility as part of the ER visit.</li> <li>Per visit copay is waived if admitted.</li> </ul> \$150 copay, and plan pays 90%         \$150 copay, and plan pays 90%           Includes Professional, X-ray and/or Lab services performed at the Urgent Care Facility         \$35 copay, and plan pays 100%         Plan pays 70% ^           Includes Professional, X-ray and/or Lab services performed at the Urgent Care Facility and billed by the facility as part of the urgent care visit.         Plan pays 90% ^         Plan pays 90% ^           Ambulance         Plan pays 90% ^         Plan pays 90% ^         Plan pays 90% ^           Ambulance services used as non-emergency transportation (e.g., transportation from hospital back home) generally are not covered.         Inpatient Services at Other Health Care Facilities           Skilled Nursing Facility. Rehabilitation Hospital, Sub-Acute Facilities         Plan pays 90% ^         Plan pays 70% ^           Annual Limit: 60 days         Plan pays 90% ^         Plan pays 70% ^         Plan pays 70% ^           Cutpatient Facility         Plan pays 90% ^         Plan pays 70% ^         Plan pays 70% ^           Cutpatient Facility         Plan pays 90% ^         Plan pays 70% ^         Outpatient Facility           Physician's Services/Office Visit         Plan pays 90% ^         Plan pays 70% ^         Outpatient	Emergency Services		
Urgent Care Facility       • Includes Professional, X-ray and/or Lab services performed at the Urgent Care Facility and billed by the facility as part of the urgent care visit.       \$35 copay, and plan pays 100%       Plan pays 70% ^         Ambulance       Plan pays 90% ^       Plan pays 90% ^       Plan pays 90% ^         Ambulance       Plan pays 90% ^       Plan pays 90% ^       Plan pays 90% ^         Ambulance       Plan pays 90% ^       Plan pays 90% ^         Ambulance       Plan pays 90% ^       Plan pays 90% ^         Annual Limit: 60 days       Plan pays 90% ^       Plan pays 70% ^         Laboratory Services       Plan pays 90% ^       Plan pays 70% ^         Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.       Outpatient Facility         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^	<ul> <li>Emergency Room</li> <li>Includes Professional, X-ray and/or Lab services performed at the Emergency Room and billed by the facility as part of the ER visit.</li> </ul>	\$150 copay, and plan pays 90%	\$150 copay, and plan pays 90%
Ambulance services used as non-emergency transportation (e.g., transportation from hospital back home) generally are not covered.         Inpatient Services at Other Health Care Facilities         Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities         Plan pays 90% ^       Plan pays 70% ^         Laboratory Services         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services -       Covered same as Physician Service         Outpatient Facility       Plan pays 70% ^       Plan pays 70% ^       Covered same as Physician Service	<ul> <li>Urgent Care Facility</li> <li>Includes Professional, X-ray and/or Lab services performed at the Urgent Care Facility and billed by the facility as part of the urgent</li> </ul>	\$35 copay, and plan pays 100%	Plan pays 70% ^
Inpatient Services at Other Health Care Facilities         Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities       Plan pays 90% ^       Plan pays 70% ^         Laboratory Services       Plan pays 90% ^       Plan pays 70% ^         Laboratory Services       Plan pays 90% ^       Plan pays 70% ^         Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.       Covered same as Physician Services - Office Visit         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^       Covered same as Physician Service - Office Visit         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^       Covered same as Physician Service - Office Visit         Outpatient Therapy Services       <	Ambulance	Plan pays 90% ^	Plan pays 90% <sup>^</sup>
Inpatient Services at Other Health Care Facilities         Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities       Plan pays 90% ^       Plan pays 70% ^         Laboratory Services       Plan pays 90% ^       Plan pays 70% ^         Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient The	Ambulance services used as non-emergency transportation (e.g., transporta	ation from hospital back home) generally are	e not covered.
Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities       Plan pays 90% ^       Plan pays 70% ^         Laboratory Services       Plan pays 90% ^       Plan pays 70% ^         Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 70% ^       Covered same as Physician Services -       Office Visit         Outpatient Therapy Services       \$20 copay, and plan			
Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational days       Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.       Plan pays 70% ^	Skilled Nursing Facility, Rehabilitation Hospital, Sub-Acute Facilities	Plan pays 90% <mark>^</mark>	Plan pays 70% <mark>^</mark>
Independent Lab       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services -       Covered same as Physician Services -         Outpatient Therapy Services       Covered same as Physician Services -       Covered same as Physician Service -         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.         Chiropractic Services       Plan pays 90% ^       Plan pays 70% ^	Laboratory Services		
Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Radiology Services       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET       Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Service - Office Visit       Plan pays 70% ^         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.       Plan pays 90% ^       Plan pays 70% ^ <td></td> <td>Plan pays 90% ^</td> <td>Plan pays 70% ^</td>		Plan pays 90% ^	Plan pays 70% ^
Radiology Services         Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Therapy Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.         Chiropractic Services       Plan pays 90% ^       Plan pays 70% ^	Independent Lab		
Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits: • All Therapies Combined - Includes Cognitive Therapy, Occupational days       Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum. Plan pays 90% ^       Plan pays 70% ^	Outpatient Facility	Plan pays 90% ^	Plan pays 70% ^
Physician's Services/Office Visit       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits: • All Therapies Combined - Includes Cognitive Therapy, Occupational days       Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum. Plan pays 90% ^       Plan pays 70% ^	Radiology Services		
Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Service - Office Visit       <		Plan pays 90% ^	Plan pays 70% ^
Advanced Radiological Imaging (ARI)       Includes MRI, MRA, CAT Scan, PET Scan, etc.         Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational days       Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.       Plan pays 90% ^         Plan pays 90% ^       Plan pays 70% ^			
Outpatient Facility       Plan pays 90% ^       Plan pays 70% ^         Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational days       Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.       Plan pays 70% ^         Plan pays 90% ^       Plan pays 70% ^       Plan pays 70% ^			
Physician's Services/Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit       Covered same as Physician Services - Office Visit         Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.         Chiropractic Services       Plan pays 90% ^			
Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.         Chiropractic Services       Plan pays 90% ^	· · ·	Covered same as Physician Services -	Covered same as Physician Services -
Outpatient Therapy Services       \$20 copay, and plan pays 100%       Plan pays 70% ^         Annual Limits:       • All Therapies Combined - Includes Cognitive Therapy, Occupational Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days         Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.         Chiropractic Services       Plan pays 90% ^       Plan pays 70% ^	Outpatient Therapy Services		
<ul> <li>All Therapies Combined - Includes Cognitive Therapy, Occupational Therapy, Physical Therapy, Pulmonary Rehabilitation, and Speech Therapy - Ur days</li> <li>Note: Therapy days, provided as part of an approved Home Health Care plan, accumulate to the applicable outpatient therapy services maximum.</li> <li>Chiropractic Services</li> <li>Plan pays 90% ^</li> <li>Plan pays 70% ^</li> </ul>	Outpatient Therapy Services	\$20 copay, and plan pays 100%	Plan pays 70% ^
Chiropractic Services         Plan pays 90% ^         Plan pays 70% ^	All Therapies Combined - Includes Cognitive Therapy, Occupationa	al Therapy, Physical Therapy, Pulmonary Re	ehabilitation, and Speech Therapy - Unlimite
Chiropractic Services         Plan pays 90% ^         Plan pays 70% ^	Note: Therapy days, provided as part of an approved Home Health Care pla	an, accumulate to the applicable outpatient	therapy services maximum.
Annual Limit:			
Chiropractic Care - 20 days			

Open Access Plus - OAP

Benefit	In-Network	Out-of-Network
Note: Services where plan deductible applies are noted with a caret	(^). Benefit copays/deductibles always apply	v before plan deductible.
Cardiac Rehabilitation Services	Covered same as Physician Services - Office Visit	Covered same as Physician Services - Office Visit
Annual Limit:		
Hospice		
npatient Facilities	Plan pays 100%	Plan pays 70% ^
Dutpatient Services	Plan pays 100%	Plan pays 70% ^
lote: Includes Bereavement counseling provided as part of a hospice pro	ogram.	
Bereavement Counseling (for services not provid	ded as part of a hospice prograr	n)
Services Provided by a Mental Health Professional	Covered under Mental Health benefit	Covered under Mental Health benefit
Medical Pharmaceutical Drugs		
Dutpatient Facility	Plan pays 100% ^	Plan pays 70% ^
npatient Facility	Plan pays 100% ^	Plan pays 70% ^
Physician's Office	Plan pays 100%	Plan pays 70% ^
Home	Plan pays 100% ^	Plan pays 70% ^
<b>Note:</b> This benefit only applies to the cost of the Infusion Therapy drugs a charges.	administered. This benefit does not cover the rel	ated Facility, Office Visit or Professional
Maternity		
nitial Visit to Confirm Pregnancy	Covered same as Physician Services - Office Visit	Covered same as Physician Services - Office Visit
All Subsequent Prenatal Visits, Postnatal Visits and Physician's Delivery Charges (Global Maternity Fee)	Plan pays 90% ^	Plan pays 70% ^
<b>Office Visits in Addition to Global Maternity Fee</b> (Performed by DB/GYN or Specialist)	Covered same as Physician Services - Office Visit	Covered same as Physician Services - Office Visit
Delivery - Facility Inpatient Hospital, Birthing Center)	Covered same as plan's Inpatient Hospital benefit	Covered same as plan's Inpatient Hospita benefit

Benefit	In-Network	Out-of-Network		
Note: Services where plan deductible applies are noted with a caret (^). Benefit copays/deductibles always apply before plan deductible.				
Abortion				
Abortion Services	Plan pays 100%	Plan pays 100%		
Note: Elective and non-elective procedures				
Family Planning				
Women's Services	Plan pays 100%	Coverage varies based on Place of Service		
Includes contraceptive devices as ordered or prescribed by a physician and	surgical sterilization services, such as tubal lig	gation (excludes reversals)		
Men's Services	Plan pays 100%	Coverage varies based on Place of Service		
Includes surgical sterilization services, such as vasectomy (excludes reversa	als)			
Infertility				
Infertility Treatment Note: Coverage will be provided for the treatment of an underlying medical of any other illness.	condition up to the point an infertility condition	is diagnosed. Services will be covered as		
Other Health Care Facilities/Services				
Home Health Care	Plan pays 90% ^	Plan pays 70% ^		
<ul> <li>Annual Limit: 120 days (The limit is not applicable to mental health a</li> <li>16 hour maximum per day</li> <li>Note: Includes outpatient private duty nursing when approved as medically a</li> </ul>				
Organ Transplants				
Inpatient Hospital Facility Services				
LifeSOURCE Facility	Plan pays 100%	Not Applicable		
Non-LifeSOURCE Facility	Covered same as plan's Inpatient Hospital benefit	Covered same as plan's Inpatient Hospital benefit		
Inpatient Professional Services				
LifeSOURCE Facility	Plan pays 100%	Not Applicable		
Non-LifeSOURCE Facility	Covered same as plan's Inpatient Professional benefit	Covered same as plan's Inpatient Professional benefit		
Travel Maximum - Cigna LifeSOURCE Transplant Network® Facility Only: \$10,000 maximum per Transplant per Lifetime				
Durable Medical Equipment     Annual Limit: Unlimited	Plan pays 90% ^	Plan pays 70% ^		
<ul> <li>Breast Feeding Equipment and Supplies</li> <li>Limited to the rental of one breast pump per birth as ordered or prescribed by a physician</li> <li>Includes related supplies</li> </ul>	Plan pays 100%	Plan pays 70% ^		

Benefit	In-Network	Out-of-Network	
Note: Services where plan deductible applies are noted with a caret (^	). Benefit copays/deductibles always apply	before plan deductible.	
External Prosthetic Appliances (EPA)	Plan pays 90% ^	Plan pays 70% ^	
Annual Limit: Unlimited			
Temporomandibular Joint Disorder (TMJ)	Coverage varies based on Place of	Coverage varies based on Place of	
Unlimited lifetime maximum	Service	Service	
Note: Provided on a limited, case-by-case basis. Excludes appliances and	orthodontic treatment.		
Bariatric Surgery	Coverage varies based on Place of	Not Covered	
Unlimited lifetime limit	Service	Not Covered	
Treatment of Clinically severe obesity, as defined by the body mass index (BMI) is covered. The following are excluded:			
<ul> <li>medical and surgical services to alter appearances or physical chair and surgical services to alter appearances or physical chair and services to alter appearances or physical chair and services to alter appearances or physical chair appearances or physical chair</li></ul>	nges that are the result of any surgery perform	ed for the management of obesity or	
clinically severe (morbid) obesity			
<ul> <li>weight loss programs or treatments, whether prescribed or recommended by a physician or under medical supervision</li> </ul>			
Routine Foot Care	Not Covered	Not Covered	
Note: Services associated with foot care for diabetes and peripheral vascular disease are covered when approved as medically necessary.			
Acupuncture	Covered same as Physician Services -	Covered same as Physician Services -	
Annual Limit: 20 days	Office Visit	Office Visit	

Benefit	In-Network	Out-of-Network
Note: Services where plan deductible applies are noted with a care	et (^). Benefit copays/deductibles always a	apply before plan deductible.
Mental Health and Substance Use Disorder		
Inpatient Mental Health	Plan pays 90% ^	\$500 per admission deductible, and plan pays 70% ^
Outpatient Mental Health – Physician's Office	\$20 copay, and plan pays 100%	Plan pays 70% ^
Outpatient Mental Health – All Other Services	Plan pays 100%	Plan pays 70% ^
Inpatient Substance Use Disorder	Plan pays 90% ^	\$500 per admission deductible, and plan pays 70% ^
Outpatient Substance Use Disorder – Physician's Office	\$20 copay, and plan pays 100%	Plan pays 70% ^
Outpatient Substance Use Disorder – All Other Services	Plan pays 100%	Plan pays 70% ^

Annual Limits:

Unlimited maximum

#### Notes:

- Inpatient includes Acute Inpatient and Residential Treatment.
- Outpatient Physician's Office may include Individual, family and group therapy, psychotherapy, medication management, etc.
- Outpatient All Other Services may include Partial Hospitalization, Intensive Outpatient Services, Applied Behavior Analysis (ABA Therapy), etc.
- Services are paid at 100% after you reach your out-of-pocket maximum.

Important Note on Mental Health and Substance Use Disorder Coverage: Covered medical services listed above, which are received to diagnose or treat a Mental Health or Substance Use Disorder condition will be payable according to this section titled "Mental Health and Substance Use Disorder."

Mental Health/Substance Use Disorder Utilization Review, Case Management and Programs

#### **Inpatient and Outpatient Management**

- Inpatient utilization review and case management
- Outpatient utilization review and case management
- Partial Hospitalization
- Intensive outpatient programs
- Narcotic Therapy Management
- inMynd<sup>sm</sup> program a comprehensive, holistic solution to help recognize and find resources to treat behavioral health conditions.

Pharmacy	In-Network
Cost Share and Supply	
<ul> <li>Cigna Pharmacy Cost Share <ul> <li>Retail – up to 90-day supply (except Specialty up to 30-day supply)</li> <li>Home Delivery – up to 90-day supply (except Specialty up to 30-day supply)</li> <li>Oral specialty medications are covered at Non-Specialty cos share</li> </ul> </li> </ul>	Retail (per 30-day supply): Generic: You pay \$5 Preferred Brand: You pay \$30 Non-Preferred Brand: You pay \$50 Specialty: You pay 20% up to a maximum of \$150 tRetail (per 90-day supply): Generic: You pay \$15 Preferred Brand: You pay \$90 Non-Preferred Brand: You pay \$150 Home Delivery (per 90-day supply): 

- Cigna 90 Now CVS: Retail drugs for a 30 day supply may be obtained In-Network at a wide range of pharmacies across the nation although prescriptions for a 90 day supply (such as maintenance drugs) will be available at select network pharmacies. Walgreens will be considered Out-of-Network for a 90 day supply.
- Cigna 90 Now Program: You can choose to fill your medications in a 30- or 90-day supply. If you choose to fill a 30-day prescription, it can be filled at any network retail pharmacy or network home delivery pharmacy. If you choose to fill a 90-day prescription, it must be filled at a 90-day network retail pharmacy or network home delivery pharmacy.
- This plan will not cover out-of-network pharmacy benefits.
- Specialty medications are used to treat an underlying disease which is considered to be rare and chronic including, but not limited to, multiple sclerosis, hepatitis C or rheumatoid arthritis. Specialty Drugs may include high cost medications as well as medications that may require special handling and close supervision when being administered.
- When patient requests brand drug, patient pays the brand cost share plus the cost difference between the brand and generic drugs up to the cost of the brand drug (unless the physician indicates "Dispense As Written" DAW).
- Your pharmacy benefits share an out-of-pocket maximum with the medical/behavioral benefits.

# For Delaware residents:

For prescription drug plans that include a mail order drug plan (home delivery), the copayment for a 90-day supply at retail or mail order pharmacies will be equal to three times the copayment for a 30-day supply. The copayment for a 90-day supply when obtained from either a retail or mail order drug pharmacy will be equal. The mail order drug plan coinsurance level for a 90-day supply will be the same as the retail coinsurance level. Each prescription order or refill will be limited to up to a consecutive 90-day supply at a mail order or retail participating pharmacy, unless limited by the drug manufacturer's packaging or other applicable law.

# **Drugs Covered**

### **Prescription Drug List:**

Your Cigna Standard Prescription Drug List includes a full range of drugs including all those required under applicable health care laws. To check which drugs are included in your plan, please log on to myCigna.com.

Some highlights:

- Coverage includes Self Administered injectables and optional injectable drugs but excludes infertility drugs.
- Contraceptive devices and drugs are covered with federally required products covered at 100%.
- Insulin, glucose test strips, lancets, insulin needles & syringes, insulin pens and cartridges are covered.
- Lifestyle drugs are covered limited to sexual dysfunction.
- Prescription weight loss drugs are covered.
- Prescription smoking cessation drugs are covered.

# **Pharmacy Program Information**

#### **Pharmacy Clinical Management: Essential**

Your plan features drug management programs and edits to ensure safe prescribing, and access to medications proven to be the most reliable and cost effective for the medical condition, including:

- Prior authorization requirements
- Step Therapy on select classes of medications and drugs new to the market
- Quantity limits, including maximum daily dose edits, quantity over time edits, duration of therapy edits, and dose optimization edits
- Age edits, and refill-too-soon edits
- Plan exclusion edits
- Current users of Step Therapy medications will be allowed one 30-day fill during the first three months of coverage before Step Therapy program applies.
- Your plan includes Specialty Drug Management features, such as prior authorization and quantity limits, to ensure the safe prescribing and access to specialty medications.
- For customers with complex conditions taking a specialty medication, we will offer Accredo Therapeutic Resource Centers (TRCs) to provide specialty
  medication and condition counseling. For customers taking a specialty medication not dispensed by Accredo, Cigna experts will offer this important specialty
  medication and condition counseling.

#### Patient Assurance Program

Your plan includes the Patient Assurance Program, which waives the deductible and reduces the amount you owe for certain medications used to treat chronic conditions included in the program. Additionally:

- Any amount you pay for these medications only count toward meeting your out-of-pocket maximum.
- Any discount provided by a pharmaceutical manufacturer for these medications only count toward meeting your out-of-pocket maximum.

# **Additional Information**

#### **Case Management**

Coordinated by Cigna HealthCare. This is a service designated to provide assistance to a patient who is at risk of developing medical complexities or for whom a health incident has precipitated a need for rehabilitation or additional health care support. The program strives to attain a balance between quality and cost effective care while maximizing the patient's quality of life.

#### **Comprehensive Oncology Program**

•	Care Management outreach	Included
٠	Case Management	

# Additional Information Healthy Pregnancies/Healthy Babies • Care Management outreach \$150 (1st trimester) / \$75 (2nd trimester) - Option 3 • Maternity Case Management \$150 (1st trimester) / \$75 (2nd trimester) - Option 3 • Neo-natal Case Management Weight Management • Weight Management • Veight Management • Stress Management • Stress Management

#### Maximum Reimbursable Charge

The allowable covered expense for non-network services is based on the lesser of the health care professional's normal charge for a similar service or a percentage of a fee schedule (200%) developed by Cigna that is based on a methodology similar to one used by Medicare to determine the allowable fee for the same or similar service in a geographic area. In some cases, the Medicare based fee schedule will not be used and the maximum reimbursable charge for covered services is based on the lesser of the health care professional's normal charge for a similar service or a percentile (80th) of charges made by health care professionals of such service or supply in the geographic area where it is received. If sufficient charge data is unavailable in the database for that geographic area to determine the Maximum Reimbursable Charge, then data in the database for similar services may be used. Out-of-network services are subject to a Calendar Year deductible and maximum reimbursable charge limitations.

#### **Out-of-Network Emergency Services Charges**

1. Emergency Services are covered at the In-Network cost-sharing level as required by applicable state or federal law if services are received from a non-participating (Out-of-Network) provider.

2. The allowable amount used to determine the Plan's benefit payment for covered Emergency Services rendered in an Out-of-Network Hospital, or by an Out-of-Network provider in an In-Network Hospital, is the amount agreed to by the Out-of-Network provider and Cigna, or as required by applicable state or federal law.

The member is responsible for applicable In-Network cost-sharing amounts (any deductible, copay or coinsurance). The member is not responsible for any charges that may be made in excess of the allowable amount. If the Out-of-Network provider bills you for an amount higher than the amount you owe as indicated on the Explanation of Benefits (EOB), contact Cigna Customer Service at the phone number on your ID card.

#### **Medicare Coordination**

In accordance with the Social Security Act of 1965, this plan will pay as the Secondary plan to Medicare Part A and B as follows:

(a) a former Employee such as a retiree, a former Disabled Employee, a former Employee's Dependent, or an Employee's Domestic Partner who is also eligible for Medicare and whose insurance is continued for any reason as provided in this plan (including COBRA continuation);

(b) an Employee, a former Employee, an Employee's Dependent, or former Employee's Dependent, who is eligible for Medicare due to End Stage Renal Disease after that person has been eligible for Medicare for 30 months.

When a person is eligible for Medicare A and B as described above, this plan will pay as the Secondary Plan to Medicare Part A and B regardless if the person is actually enrolled in Medicare Part A and/or Part B and regardless if the person seeks care at a Medicare Provider or not for Medicare covered services.

#### Multiple Surgical Reduction

Multiple surgeries performed during one operating session result in payment reduction of 50% to the surgery of lesser charge. The most expensive procedure is paid as any other surgery.

# **Additional Information**

#### One Guide

Available by phone or through myCigna mobile application. One Guide helps you navigate the health care system and make the most of your health benefits and programs.

Pre-Certification - Continued Stay Review – Basic Care Standard Management Inpatient - required for all inpatient admissions In-Network: Coordinated by your physician

Out-of-Network: Customer is responsible for contacting Cigna Healthcare. Subject to penalty/reduction or denial for non-compliance.

- 50% penalty applied to hospital inpatient charges for failure to contact Cigna Healthcare to precertify admission.
- Benefits are denied for any admission reviewed by Cigna Healthcare and not certified.
- Benefits are denied for any additional days not certified by Cigna Healthcare.

Pre-Certification - Basic Care Standard Management Outpatient Prior Authorization - required for selected outpatient procedures and diagnostic testing In-Network: Coordinated by your physician

Out-of-Network: Customer is responsible for contacting Cigna Healthcare. Subject to penalty/reduction or denial for non-compliance.

- 50% penalty applied to outpatient procedures charges for failure to contact Cigna Healthcare and to precertify admission.
- Benefits are denied for any outpatient procedures reviewed by Cigna Healthcare and not certified.

Pre-Existing Condition Limitation (PCL) does not apply.

# Well-Being Solution: Core Plus

- Health assessment
- Device/app integration
- Personalized online content and data-driven actions
- Social connections/challenges

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Your	Health	First -	200

Individuals with one or more of the chronic conditions, identified on the right, may be eligible to receive the following type of support:

- Condition Management
- Medication adherence
- Risk factor management
- Lifestyle issues
- Health & Wellness issues
- Pre/post-admission
- Treatment decision support
- Gaps in care

- Holistic health support for the following chronic health conditions:
  - Heart Disease
  - Coronary Artery Disease
  - Angina
  - Congestive Heart Failure
  - Acute Myocardial Infarction
  - Peripheral Arterial Disease
  - Asthma
  - Chronic Obstructive Pulmonary Disease (Emphysema and Chronic Bronchitis)
  - Diabetes Type 1
  - Diabetes Type 2
  - Metabolic Syndrome/Weight Complications
  - Osteoarthritis
  - Low Back Pain
  - Anxiety
  - Bipolar Disorder
  - Depression

# **Definitions**

**Coinsurance** - After you've reached your deductible, you and your plan share some of your medical costs. The portion of covered expenses you are responsible for is called Coinsurance.

Copay - A flat fee you pay for certain covered services such as doctor's visits or prescriptions.

Deductible - A flat dollar amount you must pay out of your own pocket before your plan begins to pay for covered services.

**Out-of-Pocket Maximum** - Specific limits for the total amount you will pay out of your own pocket before your plan coinsurance percentage no longer applies. Once you meet these maximums, your plan then pays 100 percent of the "Maximum Reimbursable Charges" or negotiated fees for covered services.

Place of Service - Your plan pays based on where you receive services. For example, for hospital stays, your coverage is paid at the inpatient level.

Prescription Drug List - The list of prescription brand and generic drugs covered by your pharmacy plan.

**Professional Services** - Services performed by Surgeons, Assistant Surgeons, Hospital Based Physicians, Radiologists, Pathologists and Anesthesiologists **Transition of Care** - Provides in-network health coverage to new customers when the customer's doctor is not part of the Cigna network and there are approved clinical reasons why the customer should continue to see the same doctor.

# **Exclusions**

### What's Not Covered (not all-inclusive):

Your plan provides for most medically necessary services. The complete list of exclusions is provided in your Certificate or Summary Plan Description. To the extent there may be differences, the terms of the Certificate or Summary Plan Description control. Examples of things your plan does not cover, unless required by law or covered under the pharmacy benefit, include (but aren't limited to):

- Care for health conditions that are required by state or local law to be treated in a public facility.
- Care required by state or federal law to be supplied by a public school system or school district.
- Treatment of an Injury or Sickness which is due to war, declared or undeclared.
- Charges which you are not obligated to pay or for which you are not billed or for which you would not have been billed except that they were covered under this plan. For example, if Cigna determines that a provider or Pharmacy is or has waived, reduced, or forgiven any portion of its charges and/or any portion of Copayment, Deductible, and/or Coinsurance amount(s) you are required to pay for a Covered Expense (as shown on The Schedule) without Cigna's express consent, then Cigna shall have the right to deny the payment of benefits in connection with the Covered Expense, or reduce the benefits in proportion to the amount of the Copayment, Deductible, and/or Coinsurance amounts waived, forgiven or reduced, regardless of whether the provider or Pharmacy represents that you remain responsible for any amounts that your plan does not cover. Cigna shall have the right to require you to provide proof sufficient to Cigna that you have made your required cost share payment(s) prior to the payment of any benefits by Cigna. This exclusion includes, but is not limited to, charges of a non-Participating Provider who has agreed to charge you or charged you at an in-network benefits level or some other benefits level not otherwise applicable to the services received.
- Charges arising out of or relating to any violation of a healthcare-related state or federal law or which themselves are a violation of a healthcare-related state or federal law.
- Assistance in the activities of daily living, including but not limited to eating, bathing, dressing or other Custodial Services or self-care activities, homemaker services and services primarily for rest, domiciliary or convalescent care.
- For or in connection with experimental, investigational or unproven services.
- Experimental, investigational and unproven services are medical, surgical, diagnostic, psychiatric, substance use disorder or other health care technologies, supplies, treatments, procedures, drug or Biologic therapies, or devices that are determined by the utilization review Physician to be:
  - o Not approved by the U.S. Food and Drug Administration (FDA) or other appropriate regulatory agency to be lawfully marketed;
  - o Not demonstrated, through existing peer-reviewed, evidence-based, scientific literature to be safe and effective for treating or diagnosing the condition or Sickness for which its use is proposed;
  - o The subject of review or approval by an Institutional Review Board for the proposed use except as provided in the "Clinical Trials" sections of this plan; or

# **Exclusions**

- o The subject of an ongoing phase I, II or III clinical trial, except for routine patient care costs related to qualified clinical trials as provided in the "Clinical Trials" sections of this plan.
- In determining whether any such technologies, supplies, treatments, drug or Biologic therapies, or devices are experimental, investigational and/or unproven, the utilization review Physician may rely on the clinical coverage policies maintained by Cigna or the Review Organization. Clinical coverage policies may incorporate, without limitation and as applicable, criteria relating to U.S. Food and Drug Administration-approved labeling, the standard medical reference compendia and peer-reviewed, evidence-based scientific literature or guidelines. The plan or policy shall not deny coverage for a drug or Biologic therapy as experimental, investigational and unproven if the drug or Biologic therapy is otherwise approved by the FDA to be lawfully marketed, has not been contraindicated by the FDA for the use for which the drug or Biologic has been prescribed, and is recognized as safe and effective for the treatment of cancer in any of the standard reference compendia: (A) The American Hospital Formulary Service's Drug Information, (B) One of the following compendia if recognized by the federal Centers for Medicare and Medicaid Services as part of an anticancer chemotherapeutic regimen: (i) The Elsevier Gold Standard's Clinical Pharmacology; (ii) The National Comprehensive Cancer Network Drug and Biologics compendium; (iii) The Thomson Micromedix DrugDex, (C) two articles from major peer-reviewed medical journals that that present data supporting the proposed off-label use or uses as generally safe and effective unless there is clear and convincing contradictory evidence presented in a major peer-reviewed medical journal.
- Cosmetic surgery and therapies. Cosmetic surgery or therapy is defined as surgery or therapy performed to improve or alter appearance or self-esteem or to treat psychological symptomatology or psychosocial complaints related to one's appearance. Cosmetic surgery and therapy does not include gender reassignment services.
- The following services are excluded from coverage regardless of clinical indications: macromastia or gynecomastia surgeries; abdominoplasty; rhinoplasty; blepharoplasty; orthognathic surgeries; redundant skin surgery; removal of skin tags; acupressure; craniosacral/cranial therapy; dance therapy; movement therapy; applied kinesiology; rolfing; prolotherapy; and extracorporeal shock wave lithotripsy (ESWL) for musculoskeletal and orthopedic conditions.
- Dental treatment of the teeth, gums or structures directly supporting the teeth, including dental X-rays, examinations, repairs, orthodontics (unless services are an integral part of reconstructive surgery for Cleft Palate), periodontics, casts, splints and services for dental malocclusion, for any condition. However, facility charges and charges for general anesthesia or deep sedation which cannot be administered in a dental office are covered when Medically Necessary. Charges made for services or supplies provided for or in connection with an accidental Injury to teeth are also covered provided a continuous course of dental treatment is started within six months of an accident.
- Medical and surgical services, initial and repeat, intended for the treatment or control of obesity, except for treatment of clinically severe (morbid) obesity as shown in Covered Expenses, including: medical and surgical services to alter appearance or physical changes that are the result of any surgery performed for the management of obesity or clinically severe (morbid) obesity; and weight loss programs or treatments, whether prescribed or recommended by a Physician or under medical supervision.
- Unless otherwise covered in this plan, for reports, evaluations, physical examinations, or hospitalization not required for health reasons including, but not limited to, employment, insurance or government licenses, and court-ordered, forensic or custodial evaluations.
- Court-ordered treatment or hospitalization, unless such treatment is prescribed by a Physician and listed as covered in this plan.
- Infertility services including infertility drugs, surgical or medical treatment programs for infertility, including in vitro fertilization, gamete intrafallopian transfer (GIFT), zygote intrafallopian transfer (ZIFT), variations of these procedures, and any costs associated with the collection, washing, preparation or storage of sperm for artificial insemination (including donor fees). Cryopreservation of donor sperm and eggs are also excluded from coverage.
- Reversal of male or female voluntary sterilization procedures.
- Any medications, drugs, services or supplies for the treatment of male or female sexual dysfunction such as, but not limited to, treatment of erectile dysfunction (including penile implants), anorgasmy, and premature ejaculation.
- Medical and Hospital care and costs for the infant child of a Dependent, unless this infant child is otherwise eligible under this plan.
- Non-medical counseling and/or ancillary services including, but not limited to, Custodial Services, educational services, vocational counseling, training and rehabilitation services, behavioral training (other than behavioral training services for pervasive developmental disorder or autism), biofeedback,

# **Exclusions**

neurofeedback, hypnosis, sleep therapy, return to work services, work hardening programs, and driver safety courses.

- Consumable medical supplies other than ostomy supplies and urinary catheters. Excluded supplies include, but are not limited to bandages and other disposable medical supplies, skin preparations and test strips, except as specified in the "Home Health Care Services" or "Breast Reconstruction and Breast Prostheses" sections of this plan.
- Private Hospital rooms and/or private duty nursing except as provided under the Home Health Care Services provision.
- Personal or comfort items such as personal care kits provided on admission to a Hospital, television, telephone, newborn infant photographs, complimentary meals, birth announcements, and other articles which are not for the specific treatment of an Injury or Sickness.
- Artificial aids including, but not limited to, corrective orthopedic shoes, arch supports, elastic stockings, garter belts, corsets, dentures and wigs.
- Hearing aids, including but not limited to semi-implantable hearing devices, audiant bone conductors and Bone Anchored Hearing Aids (BAHAs). A hearing aid is any device that amplifies sound.
- Aids or devices that assist with non-verbal communications, including but not limited to communication boards, pre-recorded speech devices, laptop computers, desktop computers, Personal Digital Assistants (PDAs), Braille typewriters, visual alert systems for the deaf and memory books.
- Corrective lenses and associated services (prescription exams and fittings), including eyeglass lenses and frames and contact lenses, except for the first pair of corrective lenses, or the first set of eyeglass lenses and frames and associated services for treatment of keratoconus or following cataract surgery.
- Routine refractions, eye exercises and surgical treatment for the correction of a refractive error, including radial keratotomy.
- All non-injectable prescription drugs unless Physician administration or oversight is required, injectable prescription drugs to the extent they do not require Physician supervision and are typically considered self-administered drugs, non-prescription drugs, and investigational and experimental drugs, except as provided in this plan.
- Routine foot care, including the paring and removing of corns and calluses and toenail maintenance. However, foot care services for diabetes, peripheral neuropathies, and peripheral vascular disease are covered.
- Membership costs or fees associated with health clubs, weight loss programs and smoking cessation programs. This does not apply to in-person and telephonic behavioral tobacco cessation counseling.
- For a diagnosis other than pervasive developmental disorder or autism, the following exclusions apply genetic screening or pre-implantations genetic screening. General population-based genetic screening is a testing method performed in the absence of any symptoms or any significant, proven risk factors for genetically linked inheritable disease.
- Dental implants for any condition, unless services are an integral part of reconstructive surgery for Cleft Palate.
- Fees associated with the collection or donation of blood or blood products, except for autologous donation in anticipation of scheduled services where in the utilization review Physician's opinion the likelihood of excess blood loss is such that transfusion is an expected adjunct to surgery.
- Blood administration for the purpose of general improvement in physical condition.
- Cost of biologicals that are immunizations or medications for the purpose of travel, or to protect against occupational hazards and risks.
- Cosmetics, dietary supplements and health and beauty aids.
- Enteral feedings, supplies and specialty formulated medical foods that are prescribed and non-prescribed, except for infant formula needed for the treatment of inborn errors of metabolism.
- For services related to an Injury or Sickness paid under workers' compensation, occupational disease or similar laws.
- Massage therapy.
- Certain Medical Pharmaceuticals that are a Therapeutic Equivalent or Therapeutic Alternative to another covered Medical Pharmaceutical(s) and is administered in connection with a covered service rendered in an inpatient, outpatient, Physician's office or home health care setting. Such determinations may be made periodically, and benefits for a Medical Pharmaceutical that was previously excluded under this provision may be reinstated at any time.

#### These are only the highlights

This summary outlines the highlights of your plan. For a complete list of both covered and not covered services, including benefits required by your state, see your employer's insurance certificate, service agreement or summary plan description -- the official plan documents. If there are any differences between this summary and the plan documents, the information in the plan documents takes precedence.

Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Behavioral Health, Inc., Evernorth Care Solutions, Inc. and HMO or service company subsidiaries of Cigna Health Corporation.

EHB State: CA

# Discrimination is against the law.

# Medical coverage

Cigna Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna Healthcare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

# **Cigna Healthcare:**

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.



If you believe that Cigna Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to **ACAGrievance@Cigna.com** or by writing to the following address:

# Cigna Healthcare

Nondiscrimination Complaint Coordinator P.O. Box 188016 Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to

ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

**U.S. Department of Health and Human Services** 200 Independence Avenue. SW

Room 509F, HHH Building Washington, DC 2020I I.800.368.I0I9, 800.537.7697 (TDD)

Complaint forms are available at https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html

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# **Proficiency of Language Assistance Services**

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna Healthcare customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** - ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna Healthcare, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese - 注意:我們可為您免費提供語言協助服務。對於 Cigna Healthcare 的現有客戶,請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224 (聽障專線:請撥 711)。

Vietnamese – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna Healthcare, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna Healthcare 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주십시오.

**Tagalog** – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna Healthcare, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna Healthcare, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic - برجاء الانتباة خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna Healthcare الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

**French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna Healthcare yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna Healthcare, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna Healthcare atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna Healthcare mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese - 注意事項:日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCigna Healthcareのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224(TTY: 711)まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna Healthcare attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna Healthcare-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می شود. برای مشتریان فعلی Cigna Healthcare، لطفاً با شماره ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوایان: شماره 171 را شمار هگیری کنید).